



# FRESH. FUN. AND FULL OF FLAVOUR.

Cathy Munro started Bramble Hill Farm in Pictou County almost 10 years ago. Her ability to adapt, see opportunity and innovate has been the drivers in creating a sustainable year-round greens operation. Building partnerships, and fostering community engagement has been key in the growth of her farm.

Following market opportunity, customer needs and the desire to grow year-round Bramble Hill build a greenhouse in 2017 and has since found a niche as one of the largest microgreen growers in eastern Canada. 2023 Bramble Hill launched their newest product Micro Garden, a unique to market DIY grow kit.

Whether you're a seasoned gardener or a first-time green thumb, this kit makes growing your own nutrient dense microgreens a breeze.

## NUTRIENT-DENSE DELIGHTS:

Microgreens are known for their incredible nutritional content. Bursting with essential vitamins, minerals, and antioxidants, they're the perfect addition to salads, sandwiches, smoothies, and more.

## EASY AS 1-2-3:

Growing microgreens has never been simpler. Year-round freshness and the easiest way to DIY garden, regardless of your living space. Everything needed is included in the kit, just add water, and watch them grow.

## FRESHER THAN FRESH:

Growing your own microgreens you can harvest at the peak of freshness.

## ECO-FOCUSED FUNCTIONAL PACKAGING:

Minimize additional wasteful packaging!. Micro Garden packaging actually functions as the grow tray for your kit. Fun & Functional!



## BRAMBLE HILL FARM

 [bramblehill.ca](http://bramblehill.ca)

 Business Founder & Representative: Cathy Munro

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 [facebook.com/BrambleHillFarm](https://facebook.com/BrambleHillFarm)

 [instagram.com/bramblehillfarm/](https://instagram.com/bramblehillfarm/)



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## UPC INFORMATION

Case – Mixed: 628942010910  
Case – Holiday: 10628942010894

## CASE INFORMATION

Pack size: 15 units  
Weight: 688g (1.5lb)  
Case Dimensions (inches) LxWxH: 7x6.25x7.5

## PALLET INFORMATION

Pallet size: 210 cases per pallet  
Total approx weight: 144kg  
Pallet Dimensions: TI-HI 47 x 31.5

Sales Unit UPC(s) (Approx weights of units is between 15g-40g dependant on variety)

- 628942010927 Sunflower shoots
- 628942010897 Holiday
- 628942010880 Radish
- 628942010873 Fava
- 628942010866 Pea Shoots
- 628942010859 Buckwheat
- 628942010842 Cat Grass
- 628942010835 Broccoli Mix

Available to buy in Sobeys across Nova Scotia, online with Natura Market, and through a network of independent grocery retailers.

## OUR CUSTOMERS

Microgreens are easy to grow and delicious to eat. Everyone can enjoy them! Our audience are health-conscious consumers, often with families, who want a simple, cost-effective way to introduce homegrown nutrients into their diet.



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